



**705-382-2900**  
**[www.almaguin-health.org](http://www.almaguin-health.org)**

**THE ALMAGUIN HIGHLANDS HEALTH CENTRE  
PROVIDES THE FOLLOWING SERVICES  
TO OUR COMMUNITIES**

X-ray	Monday to Friday	8:30 am – 4:00 pm
Lab Services	Monday to Friday	8:00 am – 3:30 pm
Physio Services	Monday to Friday	By Referral
Addiction Outreach	Monday to Friday	By Referral
Registered Massage Therapy		By Appointment
The Friends Day Away Program		Thursdays

**PLEASE USE THESE SERVICES  
IF WE DON'T USE THEM – WE WILL LOSE THEM**

**Thank you**  
**The Almaguin Highlands Health Centre Committee**